

*Les Nouvelles de Leslie Frost Grandissons et apprenons ensemble Growing and learning together...*



Darla McQuarrie Principal  
Cheryl Medhurst Vice-Principal



51 Angeline St S. Lindsay,  
ON 705 324-5602  
David Morrison, Trustee

*Character Trait for September is  
Goal Setting*

*Is knowing exactly what you want to achieve and where you have to concentrate your efforts.*

## **PRINCIPALS' MESSAGE**

Dear Parents and Guardians,

Welcome Back to School!

As the days begin to grow shorter and the weather turns cooler in the evening we open our doors to another school year. All staff members are prepared to once again welcome your child and engage them in new and exciting lessons. We are excited to Embrace Learning together! Thank you so much for entrusting us with your children as we learn together.

We are so excited to have your students back at school! For some of you it will be a special start as your child enters Junior Kindergarten or perhaps your child is new to Leslie Frost. Welcome to our caring community of learners, we are so happy to have you as part of our school. The new start is a great opportunity to make new friends, re-connect with old ones and grow into great young people.

The new start is also an opportunity to focus on routines, routines and routines! You can help us at home by setting up a consistent time to complete homework, ensure your child has extra sleep as they re-adjust to the school day and arrive on time. We value your partnership in communicating about your child's progress at school. Please do not hesitate to contact your child's teacher through the agenda, a phone call or my making an appointment to meet.

Education is a shared experience involving the home and the school and it can be strengthened by open communication between the two. Please contact the school at 705 324-5602 with **any** of your questions.

*Mrs. McQuarrie & Mrs. Medhurst*

**Follow these steps if you have a concern about your child's education:**

### **First**

Contact the classroom teacher and discuss the situation.

**Then-**if the situation has not been resolved: Contact the Principal and request help in dealing with the matter.

**Then-** if necessary:

Contact the Superintendent in charge of the school involved. Call 1 888 526 5552

**Then-**if necessary:

Contact the Director of Education who is the Chief Executive Officer through the school board office at 1 888 526 5552.

**Then-**if necessary, and if the situation has not been resolved: Contact your local trustee.

Concerns pertaining to things other than your child's education may be directed through TLDSB Corporate Services at 1-888-526-5552.



### SAFE ARRIVAL

Please call the school if your child is going to be late or absent from school. (705) 324-5602

### *When visiting the school*

We welcome your visit to our wonderful school! Parents, guardians and guests are asked to sign in at the office when visiting the school and school staff will assist you.

### Being Environmentally Friendly

In order to be good role models to our students and demonstrate care for our environment, please note that **this will be the only newsletter sent home in a paper version**. All other newsletters will be posted on the Leslie Frost Website or sent through school messenger to emails provided by families. If you do not have access to the internet please let us know in the office and we can provide a paper copy of the newsletter to you. Please review the key information in this newsletter for a successful beginning, and once again welcome to our 2018-2019 school year.



### Meet the Staff Open House

Please join us on September 13<sup>th</sup> from 5:00-6:30PM for an opportunity to meet the awesome Leslie Frost team. Classrooms will be open for families to stop by for a visit and meet your child's teacher from 5:00-6:30 PM. Please drop in when it is convenient for you during that time period. The Book Fair will also be taking place at that time in the library. We hope to see you there.



### School Council

**Everyone is welcome!**

The Leslie Frost Parent Advisory Council meeting will be held on Wednesday October 10<sup>th</sup> from 6-7 PM in the school library. The meeting date was established to ensure that written notice was provided to parents within the allotted number of days to invite parents to express their interest in participating on parent

council as per the Board's and Ministry's policies and guidelines and the Leslie Frost School Council Constitution. A school council parent self-nomination form is attached to this newsletter and will be due back to the school by Friday September 21<sup>st</sup>. The constitution states that there can be a maximum of 10 parents on school council. If more than 10 people submit a self-nomination form then we will have a secret ballot election at the school as per Ministry Guidelines. If you have any questions please call the school at 705 324-5602.

### Balanced Day Schedule

In order to best meet the needs of all of our students we have adopted a balanced day schedule. A balanced day provides the students with three uninterrupted instructional blocks, two nutritional breaks and three recesses. Early year's research suggests that this model is more developmentally appropriate for our young learners. Research suggests that by following a balanced day students are provided with both the nutritional and physical breaks they need at an opportune time to assist with optimal concentration. Students who are nutritionally satisfied have better concentration (Health Canada). Many schools have reported fewer office referrals when a balanced day model has been adopted. Multiple breaks for nutrition and longer periods of uninterrupted instructional time has proven to maximize the learning for the student. The balanced day also ensures that programming for many of our students continues to be delivered during the unstructured portions of the day.



### Daily Schedule for Leslie Frost Public School for the 2018-2019 school year

- 8:50 Entry
- 8:50-10:50 first instructional block
- 10:50-11:10 nutritional break**
- 11:10-11:30 recess**
- 11:30-1:10 middle instructional block
- 1:10-1:30 nutritional break**
- 1:30-1:50 recess**
- 1:50-3:10 last instructional block
- 3:10 Dismissal



**In order to ensure the safety of all of our students, when dropping off and picking up students please note:**

- Only school vehicles will be permitted to enter the LFPS driveway during entry and dismissal times
- Only LFPS staff and students will be permitted on the yard during arrival, dismissal and instructional times
- A 'Drop Zone' is set up at the gate next to the portable at the south end of the school where students can be dropped off to be supervised by the staff on the yard with safety vests.
- If your child is not independent enough yet to leave you at the gate please feel free to bring them to the office and we will ensure that they get to their appropriate class
- If you are arriving late, the front gates will be locked and you will have to report to the office to ensure that your child is signed in and has arrived at school safely
- In addition, only students will be permitted through the gates of the adjoining paths coming from streets west of the school

Parents dropping off students are reminded that only busses are permitted in the bus ramp and main driveway during entry 8:35-9:15 AM and dismissal times 3:00-3:45 PM . Please ensure student safety by not walking in-between busses in the bus lane.



### **Volunteering at Leslie Frost**

If you would like to volunteer at Leslie Frost we welcome your support to read with students, go on field trips, or assist with book fairs etc. As per TLDSB Volunteer Policy and Procedure before

volunteering every volunteer must have a current police record check on file at the school and must sign a confidentiality agreement. If you would like to volunteer please contact the office to ensure that you have a current police check or a current signed declaration on file with us. If you need to obtain a police check you can get a form from the office and take it to your local police station to have the check done. There is no cost to you. Please call into the office to check on the status of your police check well in advance of a trip or event that you would like to volunteer at. The sooner the better!

### **Personal Belongings**

Please ensure that all of your child's belongings are clearly labeled to avoid any confusion of ownership as often students will select the same awesome lunch box or backpack! This practice makes it easier for all!



### **Agendas**

Agendas are back!!!! Each student will receive an agenda. The agenda is a wonderful communication tool to help practice time management and organizational skills. The agenda also provides several additional pages with helpful advice that includes information on transportation, student well-being, healthy eating, social media tools, and who to contact at the school or school board if you have a concern. The agenda also allows parents to interact with their child's teacher. We encourage all parents to communicate regularly with their child's classroom teacher. There is no cost for the agenda.

### **Nut and Shellfish Safe School**

As of September 7<sup>th</sup> we have individuals who are allergic to **nuts and Shellfish in the school**. We also have individuals with a sensitivity to strong scents. Please refrain from sending those items to school in your child's lunch. If this should change we will inform you of the change.

### **Forms**

Please complete all forms sent home with your child on the first day of school and return them to the school as soon as possible.

Please ensure that you read and sign the Student Information Verification Form so we have updated information for your child in the event of an emergency.



### Terry Fox Run

LFPS will be holding our Terry Fox run on Friday, September 28th. Please help beat cancer by making a pledge to one of our students participating in the run. Without the participants that collect pledges and the generosity of the people who support them, advancements in cancer treatment would not have progressed to the point they are today.



### Picture Day

Edge Imaging will be taking individual student photographs on Thursday September 27th. The re-take date is October 30<sup>th</sup>. No payment is required at that time. Orders for photographs will be collected at a later date.

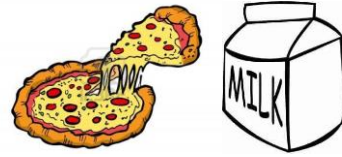


### Cross Country

Cross country practices will be beginning shortly. Please listen to announcements for dates and times of practices. Thank you to our coaches for coaching our cross country runners.

### Hot lunch

This year we are pleased to offer a pizza hot lunch on Fridays. We have reduced the number of hot lunches to one a week for a few reasons which were discussed at the June staff and parent council meetings. We were noting that there was some inequity in the building, we were also concerned about the time students were out of their classrooms to count and deliver the hot lunches, the increased amount of garbage that the lunches were producing and secretarial time and paperwork required to establish the food orders. For all of these reasons we have moved to one 'special' lunch per week.



Milk and pizza order forms will be sent home this week. Milk orders are due back Friday September 14. Pizza orders are due back Monday September 17. **SORRY, NO LATE ORDERS WILL BE ACCEPTED.**



### **Professional Activity Days = NO school**

Friday October 26, 2018  
Friday November 23, 2018  
Friday February 1, 2019  
Friday April 5, 2019  
Friday June 7, 2019  
Friday June 28, 2019



**Come and play at the park!** Please feel free to play on the playground once dismissal is complete (any time after 3:20). It's a great way to have fun, meet some playmates and enjoy the fresh air!